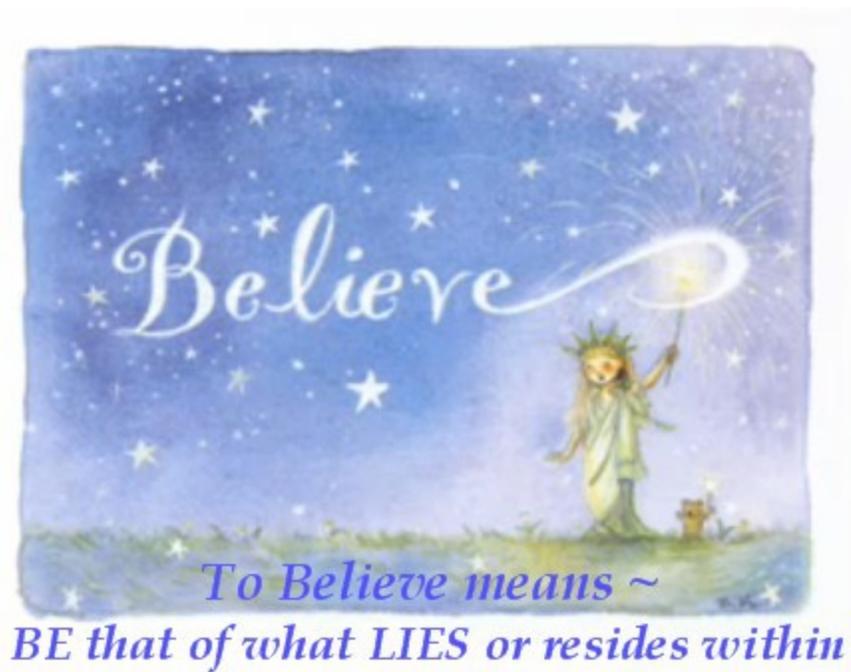


The OM (the One Moment) ~
Life's Truisms in Balance
A weekly column by Nenari, Princess of the Sea



This week's column I present to you the second part within the three part series on the discourse of Faith and Belief. Enjoy being in this OM, the One Moment.

Faith ~ Miracles Occur if You Only Believe ~ What Do We Believe and why? By Nenari, Princess of the Sea



We now continue our journey into the depths of faith and belief...For the moment you place energy in the form of thought, which gives you the emotion or energy in motion of passion and desire which then gives you a feeling of

feeling good, *that* is a dream, a vision, a fantasy that if practiced consistently becomes reality as we call it, it comes into your experience. It may seem "as if" we are with our head in the clouds or pretending yet this is what we call the imagination of creation. Our ancient ancestors knew this and within the Shamanic Native traditions this is often called Vision Questing and such gifts were considered in the ancient times to be highly honoured and revered. In such ancient times, you were a Shaman if you did such. Nowadays we "label" such people doing so in fear calling them Schizophrenic, delusional, ADHD, crazy and other such labels. When in truth such souls are simply the Shamans themselves as we all are.

We tend to believe that we are to "see it" before we will believe it. In believing such what we desire is free from creating into our experience. Why? Because the universal flow is such that we are to think it, *feel* it, and believe it first *then* it will come into our experience.

What is Reality and Truth?

So what if it is not "reality"? Reality is simply a thought, e~motion (or energy~in~motion, the energy that has us being in passion and desire for what it is we want and is the wellspring of taking the action we are being called to, compelled to take from the heart), and feeling that was practiced long enough in this field we call as time to become a belief that then was turned into experience upon this earth and that once enough people experienced and believed it collectively through that same thought, emotion, and feeling process becomes what we call "reality". That is what we collectively call reality. Thus, reality is simply whatever we choose it to be, as an individual expression of the Divine and as the collective as we are all One. The same is said about truth. A truth is simply something that enough souls or even just a soul gave enough focused attention to for long enough that it became visible in the world and we then say oh look its true!

Reality is simply whatever you choose it to be, whatever we see, feel it to be, and whatever we believe it to be. Notice the 'believe' picture here in this article. How the words BE and LIE are situated. As Gibran calls the Divine, the Beloved, as I call such the Master Artist, such creator of All That Is has given me that the very word believe is simply BE that which LIES or resides within you. That the EVE of such BEing of what LIES or resides within you shines just like the evening stars of the universe, being a beaconing light of Love to all. And when it comes to "reality" , even science is now acknowledging that the human eyes are free from being able to tell the difference between what is seen with our physical eyes within the "real world" as we call it and what we see within our Soul Eye (or Third Eye or imagination or visions and dreams as it is also called).

So go ahead and pretend that you are prosperous when you are "supposedly" poor. Pretend to be slender when you are "supposedly" overweight. Pretend to

be in love with the one who calls to your heart when “supposedly” you are free from being with such a lover. Yes indeed do this, Be this, FEEL this with every part of your being. Why? Because you are only "supposedly" such of the opposite IF you believe that you are. For in thinking, feeling, and emotionizing or placing energy in motion of what it is you desire until you believe it will then the universe will give you the proof of that belief every single time, without question. How do we know what we believe is beneficial in our lives or the opposite? We can tell by how we feel. When we believe something that is beneficial we feel good, at peace, happy, and love. Anything other than this, is simply a reminder to us to shift our beliefs.

What is Faith then?

This is now where faith comes in. As Gibran writes of how faith or belief is the knowledge within the heart beyond the reach of proof, such is so very true as we understand that before the universe shows us such "proof" we have within our hearts the utter belief of its being, and *then* it is given us onto the earth. Seek ye first the kingdom of God. Seek and ye shall find, Knock and it shall be given unto you. Ask and it shall be given. We are to believe it *before* we see it appear physically into our experience.

Faith is the inner knowing beyond all knowing, the inner understanding beyond all understanding that what you believe already is. It is to remain true to that which is love, that which is within your very heart, regardless of seas or seasons.

The opposite of fear is faith. Faith is to believe within something regardless of the outer world of illusions telling us otherwise. Relative to how much you believe within someone or something will be to the degree that it manifests. Create faith, belief and you create miracles. You have everything you need, if you just believe as the song says. Whatever it is that you fear is the very thing that you are being asked by Spirit to take a leap of faith within. It is faith that fosters courage, boldness, and conviction. Where faith exists, fear is silenced. You can neutralize your fears by making your faith bigger than your fear. “How is this done?” you may be asking. You will come to know such wisdom next week within Part Three. To be continued... So until the next moment within the OM, within the *One Moment* that we connect again, heart to heart, soul to soulThis is Nenari, Princess of the Sea sharing with you ~ May your life experience be filled with infinite blessings of *Absoulute* Love, Infinite Light, Abundance within its infinite forms, Peace, and Bliss always, in all ways. Namaste.