

~The First Law of the Universe~

Vibrational Frequency Inner knowing from Source speaking through you as you speeds up manifestation (the only exception to this is if you have a soul agreement to be free from having such a manifestation which I teach about such in my Soul Mediumship course). Doubt, worry, fear etc slows the manifestation down.

The four most powerful words in our English language to encapsulate this vibrational frequency are the words I Am and I know. When you come from both the vibrational frequency of I Am or I know (I know free from being the egoic I know yet from that inner knowing of the small voice within you of Source speaking to you, through you as you) first and then physical words of such then you have the power to move mountains.

I Am or I know is resistance free and allows the flow of manifestation into your life
doubt there is lots of resistance to the flow
hope little less resistance
believe (belief) even a little lesser resistance

Words and their vibration can cast spells, ergo why we call such spelling. Certain words carry a vibrational frequency resonance that when felt within and said in the outer world create your world and worlds beyond that even. Thus, it is a pause to be conscious, aware of what words and the vibration of those words you choose.

Such words as 'I Am' or 'I know' is a statement of vibrational frequency within and words spoken, felt, known without (in the outer realm) that are a complete statement of who you are. When you say for example I Am ugly or I Am ill or I know this will never happen, the universe then says 'so be it' and you then experience what it is you know and Am (are). Equally can be said for the other vibrations of worry, doubt, fear, anxiety etc. When you are within that resonance of I Am or I know when in a consistent manner free from other consistent vibrations of fear, doubt etc (a thought or brief moment of such here and there will be free from delaying manifestation, it is consistent vibrations of such that does) is a certainty vibration that tells the universe that this soul is ready to receive the manifestation and thus 'so be it' it shall be. The I know is an inner knowing resonance just as the Love a mother has for her child. Me, I Am free from waking in the morn and wonder hmmm, do I Love me children this day? No, I know I do, I just do, free from explaining it, it is just a deep intuitive inner knowing within me. It is this same knowing we are to utilising within the 'I know' vibrational frequency within and without.

Herein resides the key ~ If you are saying I know yet vibrationally you are in doubt, the doubt will be what manifests because the dominate vibration is doubt rather than knowing. Again it is all about what vibrational frequency you are coming from FIRST rather than just the words coming out of your mouth as is shared above. This is what is known as the first and true Law of the Universe, the Law of vibration~

Beyond and before LOA (Law Of Attraction) the more vital Law that few speak of or write of is LOV the Law Of Vibration. The LOV, Law Of Vibration is the key to Evolution, ergo LOV becomes LOVE or Law Of Vibration for Evolution. Before you can even LOA, you are to be in the vibration of that of what you are desiring to attract. Without that LOA cannot even

exist. Everything is vibrational frequency.

Thus, it is about the vibration and frequency you are residing within FIRST that matters and will bring about what you attract. LOVE (Law Of Vibration for Evolution) is the first Law and is the key to your health, well being, relationships, and business/job/career. In business and in wealth, to master the art of 'selling' vibration is essential. For if your vibration or energy is one of lack, then you will be free from 'getting the sale'. If however, you resonate within abundance and within a desire to benefit humanity as I shared of within the channel of this here <https://www.facebook.com/photo.php?fbid=10207323496823690&set=a.2234042248579.2114692.1173609351&type=3&permPage=1> (and this post as well <https://www.facebook.com/photo.php?fbid=10207607052592407&set=a.2234042248579.2114692.1173609351&type=3>) then sales will flow to you from this vibration. So many training programmes within business, sales, health, wellbeing, relationships, etc are focused on LOA, whereas I focus on LOVE (Law Of Vibration for Evolution).

From my Meditational Hypnosis course, to the many channelings I give as the clear channel for the Divine, it is all focused on one main theme of firstness, that being LOVE (Law Of Vibration for Evolution). For the LOVE (Law Of Vibration for Evolution) IS the first cause, the first Law. Vibration means energy and frequency. So in other words to mean that LOVE is what vibrational energy are resonating in. What is your radio channel frequency? Are you tuned into LOVE, to compassion, bliss, harmony, co~creation, and all the other attributes of LOVE? When you are on a consistent enough basis, this then is the vibration or frequency you are emitting. And when you can get on another's frequency, whether in business or relationally, that is how you can be of service to another. Everything you desire comes to you when you come into vibrational harmony with it for you attract to you whatever you are in vibrational harmony with. LOVE (Law Of Vibration for Evolution) FIRST then LOA (Law Of Attraction within attracting what it is you are in vibration with). So as we used to say in my 60's hippie days ~ What's your vibe man? Can you be farout within LOVE (Law Of Vibration for Evolution)? One Love! ~Lady Nenari, Princess of the Sea 05 June 2016

Related channel as well~

~On Doing What Feels Good~

There is a BIG difference between doing what feels good to you and being and doing what your SOUL is guiding you towards. Spiritual teachers whom teach just do what feels good to you gives people the wrong idea whence saying do what feels good because this births ego self centred selfishness from an earthly perspective and is the LAST thing this earth needs. What I feel these teachers are really is attempting to say here and is also what I teach as well is BEing, doing, living what it is that your SOUL is guiding you to which yes always feels good to you. Why? Because it is that sense of Love and all its attributes of loving kindness, compassion, caring, giving, showing another you love them and telling them, creativity, co~creation, co~operation, empathy, compassionate listening, community, freedom, union, the benefit of all, gentleness, tenderness, softness, real, raw, vulnerable from the heartness, generosity, how may I serve, what may I give, how can I assist, what is the loving thing to

say, do, be in this moment, upliftment, encouragement, seeing the God within one another and all, ALL of which is WAY different than oh lets just do what makes me feel good.

Doing what makes you feel good in that way is temporary and is like a quick fix drug like a full of toxic junk food or alcohol or drug etc. Doing what feels good in the way of the Soul which is of Love/Source and what Love/Source would be, say, do, act, feel, vibrate in in this moment of Love and all its attributes (as written about) is what feels good to the Soul and is then whence you are in alignment with your Soul. Whence you are just doing what feels good to you and only you in that selfish self centred egoic place that is actually NOT being in alignment and takes you further away from your Soul (Soul is much better word than higher self as in Source there is no higher or lower there is just Soul and infinite aspects/attributes of the Souls essence and also higher self lends itself to some sort of hierarchy (which lends itself to better than or less than as if your human self is somehow some lower self since your Soul is a 'higher self' and is then somehow less than which is simply untrue it is simply just another of the infinite aspects/essences of the soul which is form, human or otherwise) of which there is free from being any hierarchy in Soul/Source just infinite frequencies and essences)) and whence you are living, BEing, doing, vibrating, thinking, feeling, emoting (as there is a difference between feeling which is sensing/intuiting and emoting which is the e~motions or energy~in~motion) of what feels good of your Soul of what is share above of Love and all its attributes, THAT is when you are closer in vibration to your Soul and better said are actually embodying your Soul's essence in human form. THIS is what we are to be teaching rather than just the blanket statement of do what feels good ~Lady Nenari, Princess of the Sea 06 July 2018 (goes with the channel above on LOV ~ Law Of Vibration)