

~Wisdom on REALationships/Union~

*Various channels over the many years*

*By Lady Nenari, Princess of the Sea, Lady of Glencoe, Highlands Scotland*

He enquired ~ What are you looking for in a man?

She responded ~ God/Source

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It was asked~ How do you know if  
he/she is the one?

And the Master Artist whispered "Does he/she bring you to me?, Does this one remind you  
of me, the God incarnate you are? Does this one uplift you into your Soul and of the  
wholeness, perfectness, completeness, and beautifulness you are no matter how you act, what  
you do or say as I see you?

THEN he/she is The One"

~Lady Nenari, Princess of the Sea 06 June 2016

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Make love to my heart

Make love to my soul

touch me so deeply

in the places I don't even know

Yet you my love know those places  
you know just what to be and to do  
when you touch my heart and soul

I'm yours forever.....then and only then will my mind and body follow too

~As given in the Spirit of the Master Artist through the hands

of Lady Nenari, Princess of the Sea 23 December 2014

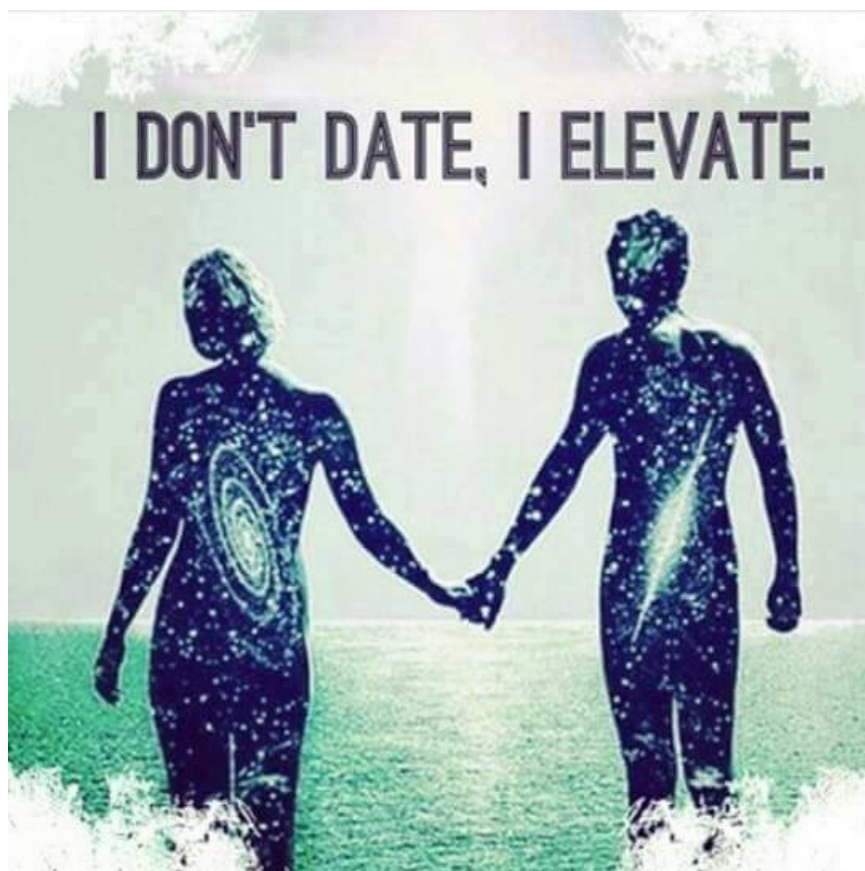
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Fear and repelling is the vibration of separation and therefore causes separation. Love is the collapse of fear and the collapse of two (or more) separate objects, and is of a melding of Oneness, of Infinite Consciousness itself. When we are in a relationship, we are two separate being relating to and with one another. Whence we are in REALationship or Union, we are as One and even beyond this Oneness to Source itself and there is free from being any separation nor separate objects relating. Love and Union therefore, is the collapse of these two separate objects relating into a resonance and BEing of simply Oneness, Source itself, seeing one another as Source inseparable from the other, yet at the same moment still retaining an individual body and essence. It is both/and and all all at One, at Once. Love is to see whomever or whatever you love as Source and as an important part of you and as you.

Whence you love someone or something you vibrationally and physically call such, bring such towards you and include it as you. In this way, you then love whatever or whomever you love as Source does. You then be as Love/Source would be, speak as Love/Source speaks, do as Love/Source does, touch, hold, Love as Source loves that person or thing. Love

is an experience and energetic vibrational movement towards and of Oneness, unity, and a positive recognition of one's soul and Source within the other and vice versa. This causes a magnetic vibrational draw to one another in recognising each other as One, as Source, and this is called Love. Love is a deep appreciation of that which is Loved, for we see the God within it and that we also are. Love is a vibrational frequency resonance of BEing first and from the BEing of this Love, then the doingness in right action then occurs. This doingness from the BEing is then the attributes of Love such as of loving kindness, compassion, caring, giving, showing another you love them and telling them, co~creation, co~operation, empathy, compassionate listening, community, freedom, union, the benefit of all, gentleness, tenderness, softness, real, raw, vulnerable from the heartness, generosity, how may I serve, what may I give, how can I assist, what is the loving thing to say, do, be in this moment, upliftment, encouragement all of this comes from the seeing the God within one another and all first in BEing this resonance and then the right action of these ways of BEing occurs. Our first and most important union is union/yunion with Source, and then union/yunion within, and then union/yunion with a partner, and then union/yunion with all, these are the four diamond essences of Love ~Lady Nenari, Princess of the Sea 27 May 2009 ♥♥  
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Yes I fall into union with a man from the vibrational match of love I Am and he is with me ♥ I Am free from dating I elevate in consciousness and the one who is to be with me then meets me there as in this post here~

For some souls on this earth, they choose to be within relationship/union with someone as a means to come into God/Love/Source/the Master Artist. For me on the path (and is what the new template or paradigm of relationships/union is) I already realise that I Am Source/God/Love incarnate, and as I already have arrived in being in union with God, it is from this whole, perfect and completeness that I choose to share with another that completeness in union. A partner that I can share my completeness with, that allows me to grow into the awareness that I Am already and always whole, perfect, complete, and beautiful simply as I Am and he with me for I see whomever my partner is as this as well. Relationship/Union is a living together, sleeping together (in a tantric lovemaking and enjoying cuddling and loving one another as well in that being love and all the attributes of love, it is the aspect of balance of making love to the heart and the soul and also making love tantrically physically if one chooses), being together day by day where you love to love, when you love because you just love loving, not because you need someone to love you back but simply because that is what there is is to love, you just simply love to love, you love because this is who you are is love.

Two souls being within this consciousness of spiritual maturity of loving to love in a very blissful a very giving, a very compassionate and very generous relationship/union in which you can go deeper and higher together than you can on your own within being in union with Source first, then with one another, then giving that to the world. It is a vibration to where you just feel the presence of love when in their presence and you are just drawn to this soul. to be with this particular being as when you see them you see love/God/Source and they are free from coming to complete you, rather they come to assist you in the revelation that you are already complete so that when you are in their presence you feel complete and you recognise your own completeness when you gaze upon him (or her) and you mirror that completeness back to him (or her) and they do such for you as well and it becomes a very delicious, juicy, engaging at Onement or union, and it feels like home and it empowers you to go out into the world with that sense of completeness and give to the world of your gifts individually and together. It is an I Am complete, in search of the revelation, the insight of my own completeness. May it be ~Lady Nenari, Princess of the Sea 2010 ♥♥♥♥



Your union or marriage or partnership is free from being governed by some state (or country) you reside within, it is rather governed by the state of consciousness that you reside within. To say one is a couple is to be as Deva Premal and Miten are, where they are a couple and say they are a couple aye, indeed, yet at the same moment it is a union of Love with Source being their Source first and foremost rather than one another; to where they know that no person, place, thing, circumstance, nor situation is their Source, that Source is their Source. And yet at the same moment there is a natural upliftment, encouragement, support, and all of the attributes of Love of loving kindness, compassion, caring, giving, showing another you love them and telling them, co~creation, co~operation, empathy, compassionate listening, community, freedom, union, the benefit of all, gentleness, tenderness, softness, real, raw, vulnerable from the heartness, generocity, how may I serve, what may I give, how can I assist, what is the loving thing to say, do, be in this moment, upliftment, encouragement, seeing the God within one another and all given freely to one another mutually being and doing as Love/Source would do now.

And then they choose to be two together (two BEing as One), choosing such in each moment in a resonance of freedom rather than couple possession of earthly love that says you are mine and I Am yours; no, rather they choose freely in each moment to be together knowing full well in that freedom that one or both could choose at any moment to be leave this earth, or choose to be with another and that they would be ok with that as well as true Love, the Love of Source allows that space to be there knowing that whence hearts are sacredly entwined there is just a natural way of being in which one has no inclination to be with anyone else other than Source and each other as whence they are in one another's presence, the Presence (Source) is with them and within them.

The key is being this and doing this consciously as I feel the biggest issue with this though is that those who are unawakend will see this video and take it out of context and use it as a license to go do what they want of cheating and harming themselves and their partner in a myriad of ways or to just be single and as we used to say "playing the field" in a means to dehumanise and depersonalise love and relationships (relating/relationships whatever you want to call such). I have seen people in the spiritual community do such and it is sad to see frankly. True freedom in relationships is not that you get to be some being and the other person being some being and you just do what you want connecting occasionally and then go off to do what you want. No true freedom in relationships is that out of all the people on this earth in this moment I CHOOSE you, choose to be with you, forsaking all others because I CHOOSE to. No other reason just that I choose to and I choose you. For when I see you I see God and I choose to SHARE the whole, perfect, completeness I Am with you and you with me. And each day and moment I choose such again and again because I resonate with you and you with me as we are a vibrational match. Freedom is also what you say in which in such a moment that you no longer resonate that you either die, divorce, leave the relationship etc and it be from a place of love knowing that you no longer resonate. I feel that where most people get confused is that while there is no relationship in the sense of you do not "own" or possess or claim a person, there still very much is a REALationship as in a coming two together as One of two souls in choosing to share their completeness with one another.

Within this there are creations individually and together that are embarked upon for the benefit of all humanity and the cosmos within the mission and purpose of Source itself pouring through them as them. It is from this resonance that their life is dedicated to Source and to serving Source and their lovemaking then becomes their music and message of Source to all and in this they are lovers and then also in physical form in tantra lovemaking as lovers that way as well. This is what the New Earth of union (REALationships) are all about and Deva Premal and Miten are the model and example of this for us to move from earthly love relationships of needs being met and possession and jealousy and attachment of not being able to live without one another and so on, into this New Earth form of REALationship where there is freedom, Love, Source, Union, and aye, saying you are a couple or even marrying if you choose, yet it is from a different vibrational frequency that you are in and come from within both of you are whole, perfect, complete, and beautiful simply as you are and you come together to celebrate that completeness together as shared here

~Lady Nenari, Princess of the Sea 19 August 2018



## ~What Marriage Really Is~

Upon gandering deeply into the resonances of Kahlil Gibran's *The Prophet*, and his beautiful gifts of writings within it, most recently I felt drawn to his words *On Marriage*. And in as much as I feel that such works were his channeling God/Source through him upon such gifts, I feel called to share the deeper meaning within which he shared.

When we look at the first lines of such within this~

“You were born together, and together you shall be forevermore.  
You shall be together when the white wings of death scatter your days.  
Ay, you shall be together even in the silent memory of God.  
But let there be spaces in your togetherness,  
And let the winds of the heavens dance between you.”

I can deeply feel that Gibran is sharing with us that when two souls come together in this manner, it is as if they are so One that they are birthed together from the OneSoul that is God/Source/the Master Artist of All That Is whom paints the cosmos within infinite expressions and experiences of the multi~dimensions. The first four lines clearly speak to this within in essence saying that marriage is first and foremost a union, a union of souls and of the heart of those souls, as if they are OneSoul, which can also be what we earthly call as twinsouls. A union with God first, within, with a partner in this marriage of heart and soul, and then with all of humanity as well, all four essences. For as he shares and within explaining deeper here I shall share that not even in earthly death are you separated. For earthly death is simply the bodies leaving, yet the soul, the soul is infinite, ergo as souls you are together forevermore, infinitely. And most certainly he continues that within the silence between the notes of a song where music is then created of God itself and even when that too is perceived as but a memory within the vastness of infinity shall you be together as well.

Yet within the last two sentences he then states to allow there to be spaces within such togetherness and to let the winds of such heaven being where this Love flows to dance between you. Thus, when one conceives within such Oneness within the first four sentences, how is it he then appears to be saying be separate?

Having spaces in such togetherness can be best described I feel within my own life in this life. When raising my three beautiful now grown sons, right from birth even, intuitively each of my sons, as well as I, knew something very deeply of what Gibran writes of within *The Prophet On Children*, which is that our children are not ours, they are the children of the universe, of God, just as we all are.

Ergo to mean then that we are free from owning our children, they come through us and are of us in terms of genetic means from this life, yet they are each the unique emanation of the Master Artist, therefore, also have within them their other lives on earth and within the multi~dimensions, as well as, their own chosen path for this life and therefore it is free from being our design to own them, possess them, or in anyway claim them as 'ours'. We most certainly can use the English language (or other languages) to describe them as 'our children' in the sense that we have given birth to them, yet at the same moment it is meant as just that, a description, rather than a means by which of labeling, claiming, or owning another. Notice even within this writing here I have said my sons, yet I say such as a means of a description

of who they are so one knows in distinction who I Am speaking of rather than because they are 'mine' as in a possession.

Our children, as with all beings and even items we have here on this earth are then therefore never 'ours' we are merely the caretakers of such to enjoy and be with while we are here on this earth. For as we all know, we cannot take anything with us when we earthly die. All we do take with us is Love and our experiences or what we call memories of that Love (of those people, places, things, etc). Proof of this is that of when those of us who remember our lives in Egypt in being placed within the sarcophagus' with our gold, jewels etc, only to find that when we return to Source on the otherside of the veil that such possessions are not with us eh!

With this said, one can stand to reason then that this shared above also very much applies to the one we marry then as well. Thus, what my children intuitively knew (as well as myself) then within this is that of that spaces between the togetherness and of the winds of heaven dancing between us much as Gibran shares is to be between those whom are married.

So what does that mean within everyday life on this earth in this life? What that means is that from the time my boys were small, we had this flow between us of these winds dancing between us and spaces within our togetherness. To mean that my children always knew that when mum (me) was doing something and I required moments alone to create or meditate or whatever was the case, they then gave space for me to be and do as I required.

And the same could be said for me with them. If they were intently playing or creating (as my oldest son Christopher as early as the age of 4 was taking apart computers to see how they work) then I would allow such space and not encroach upon him by being needy or desiring to have to spend time etc. Equally, there were moments we also spent together and in such moments we were very present with one another ~ laughing, playing, loving, being freely with one another knowing full well that when such time was to be completed for that time and we moved on to doing something else perhaps apart, that the Love was and is still there (free from loving one another less because we are doing something else even with someone else perhaps or even just being alone again creating etc) and that we are still mother and sons and that we Love one another no matter what or where we are on the earth or whom with. This is what is meant by the last two lines then of the first part and what can most easily then transfer over into a REALationship, a real relationship of Love within a marriage and is the deepest level of what Gibran speaks of.

In a marriage then, two as One in heart and soul, can live together or perhaps even live apart still being married even (as Wayne Dyer was known to do with his wife in the later years of their marriage and until he died even) and the same can apply. And is also what Gibran refers to within these words of the next two sentences he discourses upon within this~  
"Love one another, but make not a bond of love: Let it rather be a moving sea between the shores of your souls."

In its deepest most spiritual context what is shared above can be applied. For loving one another is exactly that, simply BEing with one another and loving one another. Whether that be online as much as possible via text, email, Skype, or phone etc; especially in the day in age when there are abilities to connect this way whereas never before in our time has their been and where there are so many who come together in deep soul connection even as friends or Soul Sisters and Soul Brothers without ever knowing one another in the physical. And in the deepest sense it further connects us soul to soul, and heart to heart, where we meet one another in this way across the kilometres or miles energetically, soulfully, telepathically,

astral projection, in the multi~dimensions as well along too with the technology. Thus loving one another, yet within a marriage or with anyone really, make not a bond of love within that Gibran means to be free from tying one another down in bondage. For what is a bond? A bond is a form of bondage, ergo bond within the word bondage. It is a means of trapping someone, caging them, possessing them, owning them. Rather than allowing them to in each moment, and you as well, to CHOOSE to be with one another and renew that choice over and over again in each OM, One Moment, to BE together, love one another, and then as was written above that I did with my children, set them free to do and be as they choose to be and do.

Now this said, in practical terms does this mean then we say to our lover, spouse, etc go bugger off and shag whomever you want as if it is some open marriage thing? No! Quite the contrary really. What we are really saying is I Love you as God loves you for you are the spark of God Consciousness (God itself) and I Love you enough within that to set you free so that you may choose me to be with over and over again and at the same moment your happiness means everything to me and if it brings you happiness to no longer be with me, then I Am ok with that as well because my happiness is not dependent upon you nor anything outside of me, my happiness resides within me. And therefore within that and within my connection with God first should you choose to no longer be with me I Am and will be ok with that.

Now, when two people choose this (and is what the true definition of commitment really is choosing this resonance vibrationally of loving), something very enchanting and magical occurs. It is in that moment (and in every moment within the OM, the One Moment henceforth) that this is chosen that a different kind of bond occurs. Which really is free from being a bond then at all, it is a choice. A choice to Love, a choice to truly, naturally, organically, BE with one another with no want, need, desire, nor requirement to BE with one another. You then be as Gibran speaks of next which is letting the Love between you be the moving sea between the shore of your souls. The love just flows between you and it is natural, real, organic, raw, vulnerable, from the heart, yet at the same moment is not needy, clingy, co~dependent, attached to where I cannot live without you, jealousy and all those other things we associate with a relationship.

No, in a REALationship of OneSoul (two BEing as One in a REAL relationship), when one is secure with their connection to God first, secure within then at the same moment, and secure within the REALationship, there is a marriage/relationship/living together where it flows. There is a complete and utter trust within God, within ourselves, and within one another to where there is no cheating then, no manipulations or trying to compete for needs being met, none of those things, simply because you BOTH are willing and do walk the talk, living and BEing what is share above and all those other things then are free from even being within one another's thought process.

And should there come a moment when either of you choose to no longer be this with one another, you then freely and in love and friendship part from one another to allow another to come in. Yet this becomes a rare instance when this is truly lived simply because you then reach a resonance to where there you realise that anything that another would bring to you in a form of another relationship (REALationship) would be the same man or woman again just in different clothing with the same issues and growth to work through and that unless you feel the soul agreement is complete with the one you are married to in the way shared above,

there would be no requirement then to change partners when the same things will come through anyhow just in different clothing of another form.

One may ask, well does that mean that you never marry in physical and/or do what need be done in the world of man of marrying to sponsor another to live with you if you live in another country or things like that? Again no. It is free from meaning that you do not do such. In practical terms, there is still this world of man we live within that has its rules and hoops to jump through to be together physically and whatnot. What Gibran is saying here is yes, do such things, HOWEVER, come into the resonance vibrationally and in all ways of this shared above FIRST within such BEingness, and THEN from that BEingness DO what need be done physically and in the world of man as required. And then as you navigate the waters of the world of man doing what need be, continue to come from, live, and BE still always, in all ways this resonance of what is shared above.

For as we are both spiritual beings having a human experience AND within having such a human experience, we R.E.S.T or Remember, Embrace, and Soulfully Treasure the spiritual being we are, within this full circle there is to be balance. Balance of both the spiritual and humanness. Both/and, rather than either or. Duality of this earth dimension shows us the duality of the either/or so that we may transform it into the both/and.

How is this done? It is done within what Jesus, Buddha, and many of the other prophets and sages have done since the time before time, it is that you in humanness have such fluctuations (ie when Jesus in humanness at Gethsemane said in pain crying out 'Father why have you forsaken me?'), yet at the same moment there was also no effort within him to say I have to stay in the light or not, he simply surrendered to that moment in humanness AND (which is the key here) was free from staying in that moment becoming victim to it and being in a woe me I Am in pain, this is what happened, blah blah blah as most of us tend to do staying in such humanness. He simply had the moment, felt it fully (much like a child does when they have a tantrum) and then moved back into the flow of the Light of Love/God.

Thus, yes we may have the fluctuations of life where such things as jealousy, hurt, pain, clingy, attachment, fear, and such come up still. Jesus, Buddha and the great Masters still experienced such even though they were 'enlightened'. Yet at the same moment, they were free from staying within it for long and moved through it back into Love rather than staying mired within it ~ through acknowledging such, BEing with it, feeling it through, and then releasing it into Love through surrendering it back to God/Source, within saying humbly to the Master Artist ~ I do not know, help me, show me, take this from me and show me the way, I surrender to you and allow whatever is to be through me as you to be....and then the way was then given. Often moments such way is given in Love/God's vision to you, or inspiration, or through another person giving you a sign, or a sign on a street as you are walking, or a song....infinite ways such can be given when we but be open.

One could argue that doing such is a form of allowing things to happen to you within victim consciousness. Quite the contrary actually. Allowing something means you accept in acknowledgment that such is occurring that is all. It is to simply surrender in acceptance to what was occurring in that moment (just as Jesus did at Gethsemane or Buddha when Mara the shadow side came) as one is unable to change what is occurring within the moment it is occurring within a wishing it was free from occurring. Whatever is occurring be it a flood in your home, a death of a loved one, even something wonderful as a receiving a gift, whatever is occurring in the moment is whatever is occurring in that moment, we have no control over that part of the equation as life happens. All we can change is HOW we feel about what



occurred not the event itself. You can attempt to do things to prevent certain things perhaps in terms of people and such you do or do not allow into your life or being free from eating unhealthy foods and such things, yet at the same moment, there are things that occur that are only of the Master Artist's creation (and perhaps a chosen soul agreement we may or may not be aware of that we chose before coming into any given life experience), and thus all we truly can control is our response in compassion, Love, and understanding or our choosing to react to it from ego or victimness.

Thus, as Gibran shares of this~

“Fill each other's cup but drink not from one cup. Give one another of your bread but eat not from the same loaf.”

This is to mean that of being filled within with our connection with God/Source FIRST and then fill one another's cups of that same Source/God essence, rather than being co~dependent upon one another to fill one another's cups, we fill one another's cups from within of Source through us as us and through inspiring and uplifting one another as well so that you both are renewed and fresh still maintaining who you are as the beautiful amazing souls you are individually in the earthly sense and soulfully so as to be free from losing yourself within another so that you do not know who you are without the other. So many times in relationships, we end up sacrificing ourselves and our passions and what our mission and purpose is and God and such things all to be with another in a relationship and then when we drift apart, our ego identity was so immersed within that other person that we are nothing literally without them because we have forgotten who we are and how to be our own Soul.

Thus, it is most important to within balance always, in all ways, to remember and BE who we are WITH our partner in REALationship (REAL relating ship) for as much as you are One as Gibran shares in the first five lines, so too are you to be who you are. Give one another of the bread of your passions, your dreams, your inspirations, your down times, your worries, your defeats, yet do not have the same loaf of those dreams, inspirations, down times etc so much so that you lose yourself and be that other person and forget who you are.

Gibran further gives this On Marriage of~

“Sing and dance together and be joyous, but let each one of you be alone, even as the strings of a lute are alone though they quiver with the same music.”

Gibran is sharing to rejoice in the life you have together, yet as is written above, give one another the space, the silence between the notes to have moments alone as is shared above. Done in such a way in balance that we are free from possessing, owning, or obsessing over one another yet at the same moment sharing in the delights and challenges of life and Love in all its multi~dimensional facets. For within that the strings you are as individuals in human form, no matter how One you are still within the first five lines shared, you will still be standing as an individual and at the same moment quivering with the same music of Love and Soul and connection in your hearts.

And as we conclude this discourse, Gibran shares with us this last piece of wisdom within this~

“Give your hearts, but not into each other's keeping.  
For only the hand of Life can contain your hearts.  
And stand together yet not too near together:  
For the pillars of the temple stand apart,  
And the oak tree and the cypress grow not in each other's shadow.”

To mean, only the Master Artist of all creation truly contains our hearts and is One with us to be able for us to give what is the Master Artist of our hearts into such keeping per se and even at that Source is free from keeping anything as in possessing such or owning such as is shared above. Thus, we are to give of our hearts to one another freely, of free Pure Love rather than attempting to control, cage, keep another unto us or their heart. Standing together as One, yet not so close together that again you lose yourself, that you retain the gloriousness of who you are in your magnificence of the oak tree and cypress tree of Life and Love pillars of consciousness you are, while at the same moment BEing within the Oneness of which Gibran's wisdom On Marriage began. Full circle and both/and. May this guide you in Love always, in all ways and may our hearts be guide by Love and the songs of our heart, soul, life and Love, echo this same heart of the Master Artist's Love.

On Marriage ~Kahlil Gibran, The Prophet

You were born together, and together you shall be forevermore.  
You shall be together when the white wings of death scatter your days.  
Ay, you shall be together even in the silent memory of God.  
But let there be spaces in your togetherness,  
And let the winds of the heavens dance between you.  
Love one another, but make not a bond of love:  
Let it rather be a moving sea between the shores of your souls.  
Fill each other's cup but drink not from one cup.  
Give one another of your bread but eat not from the same loaf  
Sing and dance together and be joyous, but let each one of you be alone,  
Even as the strings of a lute are alone though they quiver with the same music.  
Give your hearts, but not into each other's keeping.  
For only the hand of Life can contain your hearts.  
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For the pillars of the temple stand apart,  
And the oak tree and the cypress grow not in each other's shadow.

Espavo and In Pure Love ~Lady Nenari, Princess of the Sea 2009 and then posted in 2013

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Something I wrote back when I first released my new album a month or so ago now and was free from placing in here so I shall now ~

Just a week ago, I released my new album Song of the Princess ~The Lemurian Light of Love. If you have been free from checking such out, please go to this link for more on such <http://www.diamondlady.net/songoftheprincess.html> . This wisdom to go with this to share with you is that the concept or archetype of the Troubadour and Princess is both the archetypes to represent the Christ Consciousness within us all of the Divine Masculine and Divine Feminine as One. For in this sense, the Troubadour and Princess are not to be personalised simply because they are not who we are. Who we are is part of the One which is Love/God/Source/the Master Artist/All That Is. The Troubadour and Princess are simply archetypes to represent the aspects of the One which is Divine Feminine and Divine Masculine but in actuality there is not even this for there is only One. And in this resonance

there is no couple which is why you say we are not a couple. In this resonance of the One is also where Love is, is where the One is.

This said, the Troubadour and Princess also represent the physical embodiment of Sacred Path, Sacred Union Divine spiritual romantic awakened couple relationship as well. And my many many articles and channelings over these last 5 years particularly and also of the many many years reflect both and as you all well know.

I was once asked by someone that if promises meant something, then why did I divorce? I divorced because that marriage promise was based on entanglement NOT what true marriage is. A promise of that type of love is NOT love. Marriage vows of that sort and promises such as when I married were of the kind of love of you are meeting my needs in the moment and I hope you continue to make me happy for the rest of my life, which is NOT True Love.

Entanglement ~ codependent in direction, competition of needs (being met, fighting to see whose needs would be met), repetition of learned behaviours and dysfunction and what true marriage and promises of love in relationships are TRULY meant to be is this ~

Marriage ~ A union of souls. Spiritual Partnership of two souls coming together heart to heart soul to soul deep intimacy of soul connection purpose larger than the individuals, source of support that facilitates growth, shared common vision that advances one another and your union, Commitment to God, Family, Community; Anchored in God/Divinity.

*"A person who has shifted does not require nor desires to possess or be possessed. They seek only the highest good for the other and give complete freedom for them to experience their life journey freely, where ever that may lead. A person shifted recognizes the other person does not bring fulfillment, Love alone within them does. Any relationship of being lovers is a celebration willingly entered into as Love itself is directing. Freedom is the foundation of an awakened couple in a romantic relationship. The irony is in such freedom the deepest and sacred bonds of true Love can freely entangle the hearts into a oneness an unawakened relationship cannot enter into." ~ from my twinsoul Natu*

Earthly relationships are based upon needs being met. Spiritual relationships, true soulful relationships are based upon two whole perfect complete and beautiful beings seeing themselves and one another as such coming together to share their completeness with one another. *"It is only through your relationship with people, places and events that you can even exist. Relationship is the most important experience in our lives. Without it, we are nothing. Literally. Relationship is the only experience in life that brings you an experience of yourself in life. Not only do I know myself out of my relationship with you, but I literally define myself as well. I can only see in me what I see in you. Relationships that are based in real love - a love that is true - are relationships that are totally and completely free. Freedom is the essence of love. When we love another, we never seek to limit or restrict them in any way whatsoever. Love does not limit, does not own, does not hold in, but expands, lets go, and releases, the grandest part of who all of us are. The purpose of a relationship is to decide what part of yourself you'd like to see "show up", not what part of another you can capture and hold. The purpose of relationships is not to have another who might complete you; but to have another with whom you might share your completeness." ~Neale Donald Walsch*

I will also add that to know of what Marriage is as well is to read the works of Khalil Gibran in the Prophet in his words of On Marriage, On Love, and On Children as they encompass

such well about this too <http://www.katsandogz.com/onmarriage.html> We are to come here to this earth and be that of embodying both and of what is shared above in true balance. When we come here we are to have the form of couple relationship that is the physical embodiment of what is written above in honouring the Troubadour/Princess, God/Goddess, Divine Masculine/Divine Feminine within us and within one another. Free from being because of projecting some delusion onto someone, rather as a Divine reflection and celebration of who we are as Love itself, the Master Artist itself. For if we were just to come here to be only this One as written above and not have relationships (couple or otherwise) then we could just go back into Spirit. We come here to have a relationship of the One and it be as the Princess and Troubadour, NOT as personalised versions but rather as expressions of the One. And there is nothing delusional or wrong about that at all.

~As Given in Spirit Through the Hands of Nenari, Princess of the Sea 19 April 2013

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The Seed of Life channel <http://www.diamondlady.net/assets/files/TheSeedofLife.pdf> as well as see my other channels here on <http://www.diamondlady.net/channels.html> under Soul (Love) section

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A lover comes to us because we are BEing the vibration of Love and all its attributes as the reflection of the Love we are and of our happily ever after we are already being within us rather than a lover coming because we want to be that Love and happily ever after. When we are BEing that Love and that Happily Ever After with or without a lover, with or without that thing we desire, relationship we desire, job we desire etc. THAT is when such comes to us because the universe then delivers to us as we are then in the vibration of being open to receive as we are BEing that of what we desire because we are then being Love and Happily Ever After not because of a person or thing as that person or thing is not our Source of that happiness, that Love. We are simply loving because we love, happy because we are happy. As Neo said to Agent Smith in the last Matrix movie when he asked him 'why do you continue to do this' Neo said, because I choose to.

Thus, rather than looking for Love, searching for Love, longing for Love, I invite you to just Love. Just Love. As just you loving places you in the openness to receive Love. May sound counter intuitive yet such is true. As you Love, and give Love, you then receive Love from many infinite sources rather than just that one Source of the job, or person, or thing do you not? Thus when you can feel Love, BE Love, and BE in that vibration of your Happily Ever After regardless of situations, circumstances, or people being Love to you and with you, THAT is where your true power and true freedom is. And when one or more of us are that together, WoW! AMASING magic occurs!

And who knows, maybe that Love will come from that person you desire it to or that job or that thing. And if it does wonderful, and if it doesn't then that is ok too because you are receiving Love in infinite ways. Yet this is not an excuse for the one whom you do desire such Love with as a lover to deliberately withhold Love from you simply because you desire such as this too then is free from being true Love. Nor is it an excuse for you to seek Love from a particular person or thing so as to alleviate your suffering for not receiving Love. What is to occur is to be a balance. Of both/and. Of you being Love and giving Love thus you receive

Love and then such lover if they feel it within their heart to be with you then to give such Love in their BEing Love as well. And even if they cannot do such as a lover if they feel it not in their heart within a romantic relationship they can still give Love in their too simply BEing Love and giving Love, simply just with an understanding that it is as a friend or such.

The point is to be free from placing pressure upon anyone or anything that they "have to" love you. For those things or person is not your Source of Love, Love within its infinite ways it gives is. Love can come through another as Source sending such Love to you, yet that person or thing is free from being your source of Love. Let Love love you in all the infinite ways that Love has to give such Love to you. Starting with the Love with Source/God/the Master Artist and you, then the Love within you as you give to you, then with a lover that Love brings forth to you from the Love you are BEing, giving, and are, and then Love with all in the infinite forms that Love then takes place with friends, relatives, soul family, and infinitely more!

And "the one" who is will come as that lover as you be this Love, give this Love. So that your lover or that job or that thing you desire is then the result of you BEing Love and giving Love everywhere rather than the reason you give Love everywhere. SO can you feel that you are worthy and loveable right here and right now for no other reason than that you are and that Source loves you as this? Can you be happy just because? Mmmmm.....yes such deliciousness, such magic, and yes such Love ~Lady Nenari, Princess of the Sea 31 May 2016

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Love is our natural vibration and resonance of BEing, for it is the consciousness we are as Source/God/the Master Artist is. We are created from this love, therefore we are this love. When one falls in love with the Divine Masculine man or the Divine Feminine woman, the love one feels is free from coming from that man or woman; it is the love that is already and always, in all ways flowing from within your own heart that you feel. The one you choose to be in love with is simply the object of your attention that has you radiate that love. For that love you feel for a man or a woman is you seeing the God/Source/Master Artist within them and within you. When two beings are both in that resonant vibration, that is what we call falling in love and BEing in love ~Lady Nenari, Princess of the Sea 04 May 2016

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Rather than compromise, harmonise  
Rather than give up, give from and to Source  
give from Source to all  
which is then you giving to your beloved (Source and your partner) and your beloved  
(Source and your partner) giving to you and to all  
all at One ce (Once, One essence)  
REALationship/Union is about two whole, perfect, complete, and beautiful beings who are  
aligned with Source harmonising, co~creating together  
free from one or the other compromising  
yet each continuously being in alignment with Source and choosing to play together in that  
deLIGHTment  
and THAT is ONEderful, delicious, amaSING harmony and melody

of the cosmos singing the Uni (One) verse (Song) in YOUnion/Union with All That Is  
~Lady Nenari, Princess of the Sea 20 July 2018



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As you are One with Source and within, and as you Love Source and ourSelf (capital S for Soul), you take Source and OurSelf/Soul as Source and OurSelf/Soul. When we Love someone or something we see and fully embrace that person or thing within you as you, as Source itself. We are One with them~ they are you, you are them, there is only union, free from any separation or isolation, there is only true connection. It is a Divine Love as the Master Artist Loves, free from conditions, circumstances, situations of you or someone needing to be this way or that, say or do this or that to be Loved. You Love as Source Loves. And when we are truly in that vibrational frequency resonance we can never harm Source, OurSelf, or another, we can only uplift, inspire, and BE Love as What Love Would Do Now. Also when you Love someone or something, you place all of your energy which is the energy of the Master Artist into Source, you, and that person/thing as they are you and Source. It is a full commitment and a Love that is just as the Master Artist is ~changeless, formless, conditionless, infinite, eternal. In that resonance, we naturally take Source, ourSelf/Soul, and another's best interests in our hearts and naturally want the best for them and only for them to be happy, however, wherever, and with whomever in life that is. In this resonance, you see beyond their masks and into their Soul, to know who they are as a Soul, as Source itself and that any harm that be done unto you by them is free from being who they really are and BE Love and all the attributes of Love with them regardless, even if it means from a physical distance if they in human form have yet to understand and be this shared here. You be such from a place of compassion knowing they are hurting deeply within them and that as a collective this is the unawakened aspects within you as the collective even if it is free from being within you personally. Thus you can embrace fully the shadow within them as you. For anything you are free from Loving fully, you will repeat again and again until you come into Love with it and within it. When another is heard, seen, Loved in this way, they flourish, you flourish, we all as One flourish as Source experiences and expresses such through us as us. May we all be this

~Lady Nenari, Princess of the Sea 10 January 2009



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This channel here below goes with the channel I posted directly above ~

We have all had the experience where we are watching a film and we seem to just get into the screen and we are the film, it is as if the film is us and the film is real and we become so drawn in so deeply, so intensely and then boom whence the 2 hours is done, you supposedly snap back into 'reality' and you then think that ok the film is over that was just a film. What if I were to tell you though that the film is real? First, in another dimension, what is occurring in the film is an actual other dimension in which that is occurring. Then the deepest aspect is this~ the film is real because there is no separation, no difference, no you as a separate object and the film, screen, and characters and such as separate objects. At the

deepest level soulfully it is all us and we are all it, and this is where we hear the term We Are All One from. This is why we get so into the film as if it is real so deeply and so intensely, because it IS real, it is us, we are One with it as the Source/Godness of it is within it and is it and we are this as well.

Multi~dimensions are the same way, for we only perceive multi~dimensions from the resonance of separate object of us and the multi~dimensions. In deepest Soul and Source truth there is One, One dimension with all lives being lived at Onece. We call it multi~dimensional so we can wrap our humanness of consciousness around it.

Love is this way as well. The truest essence of Love is to see the I Am, the Source/God within one another and to deLIGHT within it, honour, celebrate, uplift, and shine it within and within another wholly and Holy. This is the deepest form of IntoMeSee (intimacy). Whence I see you, I see God. Relationship is two separate objects relating or attempting to connect to become One. REALationship, REAL relationship or union is where there is the collapse of there being two separate objects, ye are just One. There is free from being any attempts of two beings coming together to become One or to come together to be in union, for ye are just One. There is free from being any attempt to connect, ye are connection, ye are connected, ye are in union, ye are union. You see, feel, experience one another as One ~ I Am you, you are me, we see the God/Source within thee infinitely deeply and intensely. You REALEYES (realise) with just this subtle inner knowing that there is never nor has ever been a difference between you of you are you and he is him, you realeyes you are the same ~not in a sameness just in an I Am you and I Am Source through you soul recognition as if ye are soul gazing into you as you gaze into one another's eyes where time stands still and there is no one else just you free from knowing where you end and he begins because there is none of that, it is just an infinite circle of One, Oneness, wholeness, Source, Love.

From that resonance then you just simply naturally from the inwelling within your heart of that Oneness/Union you are deLIGHT in one another as Source as you ~uplifting, inspiring, co~creating in manifestation from that impulse and vision of Love through you, growing and glowing in the flowing of Source through you as you. You fully get one another, understand one another, as you ARE the other, and in that there is no other, there is just union, Oneness, Love ~Lady Nenari, Princess of the Sea





The Princess saw a video posted on a group she is on having to do with twinsouls coming together at a certain portal time coming and that we are in 4D and there was also a comment on this video having to do with someone waiting around endlessly for their twinsoul to awaken and be in union with them. Of which the Princess responded in kind to both with this wisdom~

The whole point is to be free from waiting around endlessly. It is an invitation to move into loving yourSelf (your soul) and shining and being your soul and its purpose with or without your twinsoul for your twinsoul is within you always, in all ways and soulfully you are always two together. BE and live that vibrational frequency and then that which is meant for you will come forth, whether it be your twinsoul or another who is a vibrational match to you. Also many are free from understanding that most twinsouls come together in their last incarnation on earth and so may not come together in this life. We are multi~dimensional not

just 4D or any other one D :) Twinsouls come together whence they are ready multi~dimensionally and also based upon their soul agreement and if it is their last incarnation on earth or not and also both choosing such in Divine Free Choice (or as we earthly say Divine Free Will). Waves of energy open in portals as you put in this video here so that the ones who are ready will perhaps choose such yet such portals are free from being a set thing that all will, only those who are within the frame of reference I share here :)

~Lady Nenari, Princess of the Sea 20 July 2018    

I truly Love mySelf (my Soul) every part of me~ bumps, bruises, magnificence and all. I love and embrace my moments of joy, bliss and equally those moments whence I Am having a hard day. I embrace and love me as me, all my quirks and amaSingness, just as Source loves me. I know that I Am ok as I Am and I Am comfortable in my own skin. I truly love who I Am, I know who I Am, and I love the mission and purpose I have here on this earth. It is a gift of Love within my surrender to Source in each moment. I Am whole, perfect, complete, and beautiful as I Am all of my messiness and all of my beauty. I feel this from within me from Source through me as me and within, free from being because of someone or something telling me so. I love life, and I love love. I love loving simply because I Am Love as Source has made me of Love. So too are you this :)

Has it been an easy path to come into this? No from the earthly perspective. Yet our soul always, in all ways knows who we really are. Whence you come into this vibrational frequency resonance of fully loving yourSelf, all that is meant for you flows. And then those experiences and people and situations that show up in your life are then the reflection of that vibration you are being. Some experiences also show up because you chose for them to show up as well so you can be more fully your magnificence in each moment despite a person's behaviour or situation or circumstance. Every moment is a moment to shine who you are, no matter what the moment is. I appreciate all those moments. Truly, deeply loving Source, loving yourSelf (your Soul) fully is the best gift you can ever give yourSelf, Source, and all of the earth and cosmos. Love you and BE you! ALL of you! Those who will love and accept you will and those whom don't that is ok too. No matter what Source always, in all ways, loves and accepts you, so too can you then love and accept you. YOU are amazing! I Am amazing! We all are amazing! I love you all :) ~Lady Nenari, Princess of the Sea 20 July 2018  



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Source alone brings fulfillment not another person or things. And at the same moment Source alone bringing such fulfillment is free from meaning that it is at the exclusion of relationships, romantic or otherwise. For it is through relationships of all forms (romantic and all relationships) that Source brings through that fulfilment. To say that Source alone brings fulfillment in a way of saying that we do not require relationships that only Source will be our relationship is an imbalance nor is it why we are here. We are here to experience Source through relationships of all kinds including romantic relationship in which it is a celebration of being lovers willingly entoured into as Source/Love/the Master Artist guides it. It is how Source moves through us as us and experiences All That Is. To live anything other than this is to be disconnected from Source. To say Source alone fulfills us and to be married only to Source is to be within imbalance. For Source experiences through us as us through



relationships. It is why we come here to earth is to experience such relationships. If we were to be married to Source only and to only have Source as our fulfillment, then we could just stay with Source on the other side of the veil, there would be no need or requirement to come to earth at all. We come here to earth to experience relationships of all kinds romantic and all forms of relationships as Source bringing fulfillment and experiencing and expressing itself through such relationships.

Our first relationship is always to be with Source first yes. And then within ourselves in loving ourselves in relationship with ourselves. And then within giving our gifts to the world within how may I serve which then gifts us with others in relationships of all forms. Deep down, at the core of Love in the human experience, is the basic human experience that all of us want to be held and loved and to connect. Not for need, but rather because love is who we are. Feel it this way, a baby, if it is free from being held and nurtured within the first moments and days after birth, this baby will earthly die. It is our basic human hardwired instinct to be held, to be loved, to be honoured, to be cherished, and to connect. We too, at any earthly age are to experience this. If we are free from experiencing this basic humanness, then we will indeed die. Again, this is free from coming from a place of seeking something outside of ourselves, it is simply seeing we are whole, perfect, and complete and then choosing to share this completeness with another. As Neale Donald Walsch shares of his quote this ~ *"It is only through your relationship with people, places and events that you can even exist. Relationship is the most important experience in our lives. Without it, we are nothing. Literally. Relationship is the only experience in life that brings you an experience of yourself in life. Not only do I know myself out of my relationship with you, but I literally define myself as well. I can only see in me what I see in you. Relationships that are based in real love ~ a love that is true, are relationships that are totally and completely free. Freedom is the essence of love. When we love another, we never seek to limit or restrict them in any way whatsoever. Love does not limit, does not own, does not hold in, but expands, lets go, and releases, the grandest part of who all of us are. The purpose of a relationship is to decide what part of yourself you'd like to see "show up", not what part of another you can capture and hold. The purpose of relationships is not to have another who might complete you; but to have another with whom you might share your completeness."* ~Neale Donald Walsch.

~As given in Spirit through the hands of Nenari, Princess of the Sea 08 October 2013

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Love is free from being an emotion. For e~motion, is energy~in~motion and energy in motion is inevitably subject to variations based upon how we e~mote in the moment from one moment to the next according to the person or object or situation or circumstance it is being directed towards (or not). Nor is Love a chemical reaction to being connected with someone, yet within the body the state of consciousness that Love is can produce that result at moments. Love is a feeling, as in a sensing and intuiting within a state of consciousness or resonance. Love is a vibrational frequency energy resonance, a state of consciousness that is free from being dependent upon any person, object, circumstance, or situation. Love means to BE and do everything as Love/Source would. From eating to walking to cleaning to whatever the task to do such from a resonance of loving kindness, joy, peace, clarity in our hearts and in our minds in a harmony and melody of Love itself and of life within it. Until one experiences this, one is unable to know what true Love is nor to explain it. Love is unable to be explained, it is to be experienced within. Love is a permanent resonance of consciousness,

to mean it is always, in all ways. Free from ever changing, free from ever leaving or coming, it just IS (Infinitely Spiritual) and is always, in all ways here. Love is always, in all ways here. This is the Love which is Source/Love itself that is the Love the Beatles sang of whence they sang Love is All We Need ~Lady Nenari, Princess of the Sea 08 March 2008

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There is much suffering that comes from seeking outside ourselves within another person, place, situation or circumstance to feel we are 'home'. Yet none of these things are the true home. They are a temporary respite that can bring many gifts within the humanness of experience, aye indeed. Yet they are just that, temporary, as life changes, people change, situations and circumstances change. Through it all, the only thing that is free from ever changing is Source. For Source is eternal, infinite, constant. True home then is free from being a person nor a place nor a situation nor a circumstance. Home is within each OM, each moment within the OM, One Moment that is this now, fully connected to Source, remembering that we are already and always, in all ways connected to and with Source, R.E.S.T.ing (Remember, Embracing, and Soulfully Treasuring) within that AtOnement as this is what atonement means truly, At One ment, being as One, home with and within Source.

This said, it is free from meaning that we as Divine Masculine and Divine Feminine are meant to quash that deep yearning within us to connect with another in union. For the ultimate truth is that aye, home that we are yearning for is free from being found another and whence we connect with others it is that connection that reminds us of the home of Source. Yet ultimately, this is precisely why we come here to this earth which is to experience again and again coming home to Source with and within connections with others in all forms of relationships, realationships, unions et al. For if we were never to meet one another in this way, if we were truly to just be home with Source all the time on this earth and not with and through connecting with others, then we could just well, go back home with Source and never even bother to come here to this earth. We come here to this earth so that Source may experience through each of us uniquely our experience of being at home, AtOnement within connecting with others that reminds us of this.

Thus, we are to be free from extremeisms of well if we never meet another well that's ok because I Am just home with Source, nor are we to be philanderers seeking that love and home outside of ourselves in some desperate means, as both ways of saying and doing such are extremeisms and forms of spiritual bypassing in which we are denying the truth of Source, the truth of who we are as a soul incarnated, and the truth of love itself and why we are here on this earth.

Therefore, the only true way to really connect with another in union in true balance is to go home within with Source FIRST and then from there you meet another in rejoicing in that homeness, that AtOnement ye are already and always, in all ways with Source. The difference is how you approach such true connection, what vibrational frequency you are coming from ~ desperation to get someone to make you feel like you are home or wanting home to so much be with someone or something that you cannot live without such, or coming from the resonance that you are already and always, in all ways, home with Source and within and sharing that completeness with another INJoy. Coming from the latter vibrational frequency, it would be therefore impossible to never meet unless one is being defiant in denying that connection, which would therefore then mean that truly that one is free from being At

Onement with Source. For Source never denies that which is meant to meet, for this is why we are here. All in balance, all in wholeness, all within integration, rather than extremeism just as all the other Masters before us of Jesus, Mohammed, Buddha, Krishna showed us, taught us. This is the truest of home then

~Lady Nenari, Princess of the Sea, Lady of Glencoe, Highlands Scotland 10 September 2018

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The Princess met a really lovely man (whom is a friend of another man whom she is friend's with) about a week ago while walking back to her place and this kind man was pissed (drunk) and approached the Princess (and did so later in text as well) as he seemed to be fancying her. Of which when he texted her, she responded in kind gently turning down his advances ~

'Hello (name withheld for privacy reasons), it was lovely to meet you the other evening as we were walking. That said I don't suspect that you are really one who is sober all the time (Note~ this was based upon his text to me saying he hoped to meet me again when he was sober). This is free from being a judgement this is just an observation. This said I Am more looking for someone who is like myself who is not into alcohol marijuana or other drugs or other addictions, who loves himself and spiritually works on himself and grows as I love myself work on myself spiritually and grows, who is dedicated in service to God/Source and does spiritual work to benefit all humanity, and who is in alignment with and can embrace and celebrate who I Am and what I do of my spiritual gifts as you may have seen from my business card that I gave you as I Am this for a man. A man whom knows himself and what he yearns for and follows that deep calling of his soul from Source of his heart as I Am the same and who uplifts me, inspires me, honours me, makes Source and me a priority in his life, and treats me as if he is honoured to be in my presence as I also shall be this for and with him)...I gave you my card so that if you wish to reach out to shift your life and open up your gifts as you indicated that you did wish to, that maybe I could do some sessions with you. If I Am going to be with a man, it is going to be with a man who is as I just said above here and someone who is interested in a committed long term relationship and or marriage as I Am not one who is into having one night stands as (name withheld for privacy reasons) quite knows and I have explained to him clearly as I Am a woman who knows who she is and what I yearn for in life and in Love relationship. So I hope your move to Glasgow goes well and I wish you all the best. You are a kind and loving soul and man, I just don't feel we are a vibrational match, yet I do wish you well.'

~Lady Nenari, Princess of the Sea, Lady of Glencoe, Highlands Scotland

♥♥♥♥ 13 October 2017

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~Something tells me I'm Into Something Good~

So this morning I woke up to a song that I love from a most famous band here (in the UK, England that is as they were from Manchester which I have been in Manchester in and out in passing catching trains off and on this last year) when I was a wee wee lass called Herman's Hermits (yeah I know I Am dating myself lol!) called I'm Into Something Good. And of

course I had a wee chuckle about it as well as they also created I'm Henry the VIII I Am which is so ironic being my twinsoul and I are Anne and Henry in that life and it is another song that I love by them. After having a hard night not realising just how hard I was going to be hit in humanness with the anniversary of my original twinsoul's Steve's death (whom my twinsoul now is as a walk in) waking up to this song this morning was rather humorous. Music is my heart and has been from the time before time, and in this life, so so many synchronicities, parallels with it all in which I knew it was/is both Steve/Chris my twinsoul sending me soulfully that song (as he so often does, as well as Source giving me such wisdom and messages through song), yet its meaning is SO much more than the lyrics which is what I felt to channel about here.

The song itself is talking about being into something good of an earthly boy meets girl, boy gets girl relationship kind of a thing. However, the first part of the lyrics was what I felt was true for me 'Woke up this morning feeling fine, there's something special on my mind....Something tells me I'm Into Something Good....' and then also the part about dancing too :) So I did wake up feeling fine, it was like what happened last evening had flowed through me and had been experienced and I was ok with it all, feeling fine once more or better said, feeling fine through it all anyhow as it is all part of the process we are meant to experience, feel, emote these things through us in humanness and in that we are still spiritual as well and it is better to feel it full out (as I have spoken of many times in my videos and such) and in feeling it full out it moves through us rather than being us as in sticking to us and whatever it is we are experiencing of emotions becoming us or us being succumbed to such emotions weighing us down.

So I woke up this morning feeling fine and having something special on my mind (or rather in my heart) and it was free from being about a boy meets girl, boy gets girl relationship thing. What I Am feeling deeply in my heart is something I channeled 11 years ago now that helped me to come out of that phase of seeking after relationship and into simply being in service to Source, the Master Artist and that from that all of the kingdom of heaven is given, as Jesus said, seek ye first the kingdom of heaven and then all shall be given unto you.

When you are wanting after something (or someone) craving something....imagine for a moment that you get whatever it is you are after and you are sooo happy (or remember a time when you really wanted something and you got it) and ask yourself this~ is it the thing (or person) itself that you got that made you happy OR was it/is it the relaxation and release of that craving for it that actually brought you into happiness? When you really look deeply within your heart, in your soul, you will come to understand and know with an inner knowing that it is never the thing or person (or car, or relationship, or money, or whatever) that actually brings you that feeling of happiness, it is the no longer having to crave or obsessively want after it (which is attachment) because you have it already that brings that sense of happiness (or peace or whatever state of consciousness you feel will give you from this thing or person) SO then ask yourself this ~ What if, just what IF I can have that release right here, right now and HAVE that happiness that peace within me without that thing or person (or car, or relationship etc)? Because guess what? you CAN have such right here, right now. And when you are able to be happy for no reason at all just because you wish to be happy, when you can be happy without that thing or person (or car or whatever) then what you crave for will come to you, perhaps free from being who or how you thought it would, and that is the whole point, as free from expecting it a certain way and when you let go of craving it, wanting it, then the universe can bring it to you in the way it is meant to come

(when you come into Love and all its attributes) ~Lady Nenari, Princess of the Sea 20 March 2006

So for me, when Chris (my twinsoul who is Steve as a walk in) came into my life almost 10 years ago, I was in that place. Yes my heart was closed off to love thinking I would never have that again and in truth I won't have it in that way again of the boy meets girl, boy gets girl type of a way as that is earthly relationship. It is more that as I be dedicated to Source and Source alone, then relationship shall come to me and it is how we as twinsouls first came together to begin with and really is who I have been and be for many years now. I have always said to Chris I could take him or leave him, and I never meant that in a mean way, it was more or less that I Am fine without him or being with him. I Am happy because I Am happy, not because I Am with him or not with him eh! :) No matter where I Am or he is or who we are with or not with, the deep Love which is both the Love of Source and the Love we have with one another, is always, in all ways there, Forever and a Day, Long Before/Long After, It Shall Always Be (to use some of the titles of my twinsouls songs as we do with one another lovingly and have over many years done so sending such to one another back and forth) :) !

Aye, my heart ached last eve from Steve's death, how could it not as I Am still human. Even Buddha whence coming into enlightenment still suffered. And I love Thich Naht Hahn's words about this as well when he said this ~ *'When I was a young monk, I believed that the Buddha didn't suffer once he had become enlightened. Naively I asked myself, "What's the use of becoming a Buddha if you continue to suffer?" The Buddha did suffer, because he had a body, feelings, and perceptions, like all of us. Sometimes he probably had a headache. Sometimes he suffered from rheumatism. If he happened to eat something not well cooked, then he had intestinal problems. So he suffered physically, and he suffered emotionally as well. When one of his beloved students died, he suffered. How can you not suffer when a dear friend has just died? The Buddha wasn't a stone. He was a human being. But because he had a lot of insight, wisdom, and compassion, he knew how to suffer and so he suffered much less ~Thich Nhat Hanh, in "No Mud, No Lotus~ The Art of Transforming Suffering" '*

Yet both in the dance coming of the ball, the dance of Love, the dance of Life, and the dance of Soul(s), it is an ebb and flow....Something tells me I'm Into Something Good....indeed. And that something good is the magic of Source and Me! :) Enjoying the flow in helping humanity and truthfully if Chris and I are ever together physically great and if not that is fine too. Or any other man for that matter. For we all of us are SO much more and there is so much more to this life than just boy meets girl, boy gets girl and the ups and downs of relationship. That is wonderful and part of the process. Yet we are here to shine our Soul and be in service to, for, with humanity to, for, with Source FIRST and then if a relationship that is in alignment with that comes wonderful. If not, wonderful too. Yes in humanness I yearn to be held, loved, touched, just as even Buddha and Jesus and others did. As Thich Naht Hahn said, Buddha wasn't a stone, he was a human being, so too Am I, are you, are all of us. It is that we are to be free from allowing it to consume us to be out of balance with it in a way of my channel above. It is as Thich Naht Hahn said I have the wisdom, insight (seeing within IN sight) and compassion to know HOW to suffer and in that I suffer yes, yet less and in a way that gives birth to new visions from Source for my life and living and BEing within those visions into something good and is the best way to both honour Steve who is was in this life and also who he is now as the walk in of my twinsoul Chris and all the Divine Masculine the earth over! When visioning for our life there are four questions we are to ask in deep meditation in a

calm, centred, relaxed resonance ~ What is the vision Source is bringing through me now for my life? What are the next steps? Who Am I to be for this to come into being? What Am I to let go of and equally what Am I to embrace? Something I began being and doing as a wee lass in my first channels at age 12 and yes.....as she sings ooohhh ooohhh ooohhh something tells me I'm Into Something Good

May this wisdom guide your heart in Love/Source, always, in all ways

~Lady Nenari, Princess of the Sea 29 October 2017

